





Adult Beginner Courses – Autumn 2021

Adult rowing courses are open to anyone aged 18+. No prior experience is needed for Beginner level courses.

Day	Time	Start Date	End Date	Course length	Cost
Sunday	2 - 3.30pm	5 th September	3 rd October	5 weeks	£112
Tuesday	9.30 - 11am	7 th September	19 th October	7 weeks	£157
Wednesday	9.30 - 11am	8 th September	20 th October	7 weeks	£157
Thursday	10.30am - 12pm	9 th September	21 st October	7 weeks	£157
Friday	10.30am - 12pm	10 th September	22 nd October	7 weeks	£157
Sunday	2 - 3.30pm	10 th October	7 th November	5 weeks	£112
Monday	9.30 - 11am	2 nd November	13 th December	7 weeks	£157
Tuesday	9.30 - 11am	3 rd November	14 th December	7 weeks	£157
Wednesday	9.30 - 11am	4 th November	15 th December	7 weeks	£157
Thursday	10.30am - 12pm	5 th November	16 th December	7 weeks	£157
Friday	10.30am - 12pm	6 th November	17 th December	7 weeks	£157
Sunday	2-3:30pm	21 st November	19 th December	5 weeks	£112

Whilst we offer courses at all the above times, minimum of 4 rowers are required to run a weekday group. If you are flexible to which day you attend please note this on your registration form.

 020 3959 0054
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