

# Let us take you for a spin.

Spin classes are  
now available!  
Join us!

Book at  
reception  
now!

**Tuesdays**  
7.30pm - 8.15pm

**Wednesdays**  
12.30pm - 1pm

**Saturdays**  
9am - 9.45am



In partnership with

**enable.**

For happy, healthier communities.  
Not for profit.